



2016 Newsletter # 18

Lightening Carnival for Under 8 & 9's is this Sunday.

This is a very exciting day for our younger players, if you would like to get along to watch these talented future champs you can look at the fixture via the following

Link: <http://smjfl.com.au/wp-content/uploads/2015/07/2016-SMJFL-Lightning-Carnival-U8-U9-Handbook.pdf>

The Club is putting on Pizzas and Soft Drinks for Under 8 and 9 Players back at the Club rooms from 5.30pm and the Bar will be open for Parents to celebrate the end of what is hoped was a successful season for all concerned.

GO THE MIGHTY KNIGHTS!

Steve Foulds
President

" INTERVIEW WITH THE PRESIDENT"

Coach - Hartley Stone Under 14 Division 1

Good Morning Hartley, thank you for giving up your time and sharing a little about the journey you have been on and how you ended up at the Knights.

How long have you been coaching?

I started coaching in 1987 when I left school for one year a Year 8C team at St Kevin's.

I then got injured in 1993 dislocating my shoulder six times.

So in 1994 I started coaching in the VAFA; since then I have coached on and off at SKOBFC, Collegians, OMFC, AJAXFC and now back at SKOBFC.

From 2009 to 2013 I coached the 1st XVIII at St Kevin's College after doing a Development Coaching role there for four years.

And at EMJFC?

I am completing my second year and final year as Main Coach with

the Under 14 teams

I was also approached to assist the development of the coaches at EMJFC back in 2010 with both practical and theoretical sessions. Which I presented until this season.

Nickname ?

My nickname is Yonnie.

Leo 'Salty' Crohan and Kerr brothers (Steve & Greg) from SKOBFC named me Yonnie after the skipping stones you would have thrown across lakes as a kid.

Which AFL Team do you support?

West Coast Eagles

Best advice you have for young footballers?

***Always improve your ability to win the ball; this paramount in how our game is played now.
So clean hands in the air and on the ground followed by decision-making and kicking.***

What makes a good coach?

Communication skills, the ability to sell self-belief and a game style to a team.

Skill development both attacking and defensive skills

Did you have a mentor coach growing up, if not who do you admire the most in coaching ranks?

Not specifically I do bounce ideas and learn off coaches I have worked with over the journey such Paul Rafter, Steve Wallis and Rod Grinter (St Kevin's APS), Tim Hart, Dave Murray, Daniel Harford and Jon Edgar (SKOBFC) Justin Pickering and Andrew Pickering (OMs) and Stuart Powell (AJAXFC).

Within the AFL probably John Worsfold is the coach I would most model myself on.

Although I am probably more audible game day than John would display in the coach's box.

Funniest thing a child has said to you whilst coaching?

I can't play football this week as the dog ate my mouth-guard and mum is getting a new one from the dentist.

I did have look twice at him given I am a teacher.

How is your team developing this year?

We started the year well with 22 players in the Div 1 team winning three of the first four games only losing to last season's Premiers by nine points.

All the players play APS School footy on Saturdays and playing two games in two days can be draining.

We haven't played with a full team since round five.

But they have developed by playing in variety of positions throughout the year.

We had four players picked last season in the Interleague Carnival; this year we have increased that to seven players.

The game of AFL is changing and evolving all the time is this a good thing?

I think the skills and fitness of the players have advanced dramatically from when I did a pre-season at St Kilda FC in 1987.

But the rules have also changed significantly and too regularly for my liking.

Professional AFL Coaches will always look to improve their strategies to win games depending the players available to them.

The Rules of the Game Committee are basically making rules to keep the game flowing are also another component of this.

For me it is very confusing as each is trying to outwit the other rather than work together.

We really need a forum with the coaches and umpires working together to work out modifications to ensure the game remains close to what we played.

Whats next for you, Hartley?

Not sure hopefully watch my son Conor play footy for a long time and maybe even my daughter Issy.

I am sure I will coach somewhere but not as many teams as this season.

Thanks Hartley and all the best for the remainder of the season,

Cheers Steve Foulds

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SHARE YOUR FOOTY LOVE!

Did you know that we're on Facebook?

Make sure to like our page for photos and updates

<https://www.facebook.com/EastMalvernJuniorFootballClub>

PLUS - we can't get around all the teams / games but we'd still love to see & share YOUR photos on the Knights page.

Just post them to the page or text them / email them to Fiona Doyle - 0408 364 219 / buffham@optusnet.com.au.

Every week we'll choose the best photo to be our cover photo!

2016 IMPORTANT DATES:

Under 8 & 9 Lighting Carnival - Sunday 31st July 2016
(Post Carnival Gathering back at Club for U8 & U9 at 5.30pm)

Under 10 Lighting Carnival - Sunday 7th August 2016
(Post Carnival Gathering back at Club for U10 at 5.30pm)

EMJFC Presentation Day - Saturday 10th September 2016



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