



2016 Newsletter #8

Dear Mighty Knights,

This week we enter round 4 and the league will then assess each age group and division to make the necessary moves either higher or lower according to those results to date. There are now 27 clubs and approximately 9000 registered players in the SMJFC.

We would expect looking at our results some teams will advance to higher divisions and some teams to lower divisions. The EMJFC through its Football Department will be in consultation with the league pleading our cases on an individual basis and we trust we will have positive outcomes to ensure our players and teams are placed within their respective levels. The important thing to remember whilst the SMJFL and your club endeavour to ensure a level playing field for all ages this is not always achievable.

EMJFC Kicking Program

The Committee has undergone an interview process in selecting an organization that specializes in Kicking. I am pleased to announce the football department have appointed BD Holiday Programs headed by Josh Bourke and Cadell Duke. The BD team will attending Training sessions and a schedule as been sent to all Team Coaches. Every Team will be seen and helped by the BD Team.

Mothers Day this Sunday

Mother's Day is a celebration honoring all our mums. I would expect all our young Knights to be mindful of this special day and make sure you spoil your mums.

Things Mums like doing on Mothers Day

- 1/ Going to the park for a bit of kick to kick
- 2/Goal kicking practice
- 3/ Little jog up and down the ground hand balling
- 4/SPECIALTY THE Y LOVE THE SPRINT AND MARKING DRILLS
- 5/If you can find an oval with some mud , great place for tackling drills

Oh, and if they get too dirty from the mud , see if they can get a lift home from another parent

If all goes well don't forget your oranges and snakes when finished and make sure you give them some positive feed back on their session.

Have a great Round 4 and very Happy Mother's Day

Steve Foulds
President

GO THE MIGHTY KNIGHTS!

SHARE YOUR FOOTY LOVE!

Did you know that we're on Facebook?

Make sure to like our page for photos and updates

<https://www.facebook.com/EastMalvernJuniorFootballClub>

PLUS - we can't get around all the teams / games but we'd still love to see & share YOUR photos on the Knights page. Just post them to the page or text them / email them to Fiona Doyle - 0408 364 219 / buffham@optusnet.com.au. Every week we'll choose the best photo to be our cover photo!

MERCHANDISE STALL WILL NOT BE OPEN THIS WEEK

BOOK YOUR TICKETS NOW

WWW.TRYBOOKING.COM/LHZL



